



## PATIENT INFORMATION

### ZIANA® (ZEE-AH-NA)

(clindamycin phosphate 1.2% and tretinoin 0.025%) Gel

#### **IMPORTANT: Not for mouth, eye, or vaginal use.**

Read the Patient Information that comes with ZIANA® Gel before you start using it and each time you get a refill. There may be new information. This leaflet does not take the place of talking with your doctor about your acne or treatment.

#### **What is ZIANA® Gel?**

ZIANA® Gel is an antibiotic and retinoid combination medicine used for the skin treatment of acne in patients 12 years and older.

#### **Who should not use ZIANA® Gel?**

Do not use ZIANA® Gel if you:

- have Crohn's Disease
- have Ulcerative Colitis
- have developed colitis with past antibiotic use

#### **Tell your doctor:**

- **if you are pregnant or planning to become pregnant.** It is not known if ZIANA® Gel may harm your unborn baby.
- **if you are breastfeeding.** ZIANA® Gel may pass through your milk and may harm your baby.
- **about all the medicines and skin products you use:**
  - ZIANA® Gel should not be used with erythromycin-containing products.
  - Avoid medicated or abrasive soaps and cleansers, soaps and cosmetics that have a strong drying effect, and skin products that contain alcohol, astringents, spices or lime. These products may cause increased skin irritation if used with ZIANA® Gel.

#### **How should I use ZIANA® Gel?**

Use ZIANA® Gel exactly as prescribed. It may take some time for you to see improvement of your acne with ZIANA® Gel. Your doctor will tell you how long to use ZIANA® Gel.

#### **At bedtime:**

- Wash your face gently with a mild soap and warm water.
- Pat the skin dry.
- Apply a pea-size amount of ZIANA® Gel to your fingertip and spread it over your face. Gently, smooth it into your skin. **Do not get ZIANA® Gel in your eyes or mouth, on your lips, on the corners of your nose, or on open wounds.**

#### **In the morning:**

- Apply a sunscreen and reapply during the day as needed.
- **Do not** apply ZIANA® Gel more than once a day
- **Do not** use too much ZIANA® Gel. Too much ZIANA® Gel may irritate your skin.
- **Do not** wash your face more than 2 to 3 times a day. Washing your face too often or scrubbing it may make your acne worse.

#### **Avoid:**

- **excessive exposure to the sun, cold, and wind.** Weather extremes can dry and burn the skin. Always use a sunscreen on ZIANA® Gel treated skin, even on cloudy days. Use other protective clothing such as a hat when you are in the sun.
- **the use of sunlamps and tanning booths**

#### **If your face becomes sunburned, stop ZIANA® Gel until your skin has healed.**

#### **What are possible side effects with ZIANA® Gel?**

- **Skin irritation.** ZIANA® Gel may cause skin irritation such as dryness, redness, peeling, burning, or stinging. **Stop ZIANA® Gel and call your doctor if your skin becomes very red, swollen, blistered, or crusted.**
- **Change in skin color.** ZIANA® Gel may cause a temporary skin color change (lighter or darker).
- **Colitis.** This occurs rarely. Stop ZIANA® Gel and call your doctor if you develop severe watery diarrhea, or bloody diarrhea.

Talk to your doctor about any side effect that bothers you or that does not go away.

These are not all the side effects with ZIANA® Gel. Ask your doctor or pharmacist for more information.

#### **How should I store ZIANA® Gel?**

- **Store ZIANA® Gel at room temperature, 59 to 86°F (15 to 30°C). Do not freeze.**
- **Keep ZIANA® Gel away from heat and light.**
- **Keep the tube tightly closed.**
- **Keep ZIANA® Gel and all medicines out of the reach of children**

#### **General information about ZIANA® Gel**

Medicines are sometimes prescribed for purposes other than those listed in patient information leaflet. Do not use ZIANA® Gel for a condition for which it was not prescribed. **Do not give ZIANA® Gel to other people, even if they have the same symptoms you have. It may harm them.**

This leaflet summarizes the most important information about ZIANA® Gel. If you would like more information, talk with your doctor. You can also ask your pharmacist or doctor for information about ZIANA® Gel that is written for healthcare professionals.

If you have questions about ZIANA® Gel you can also call: 1-800-900-6389 (this is a toll-free number) between 10:00 a.m. and 4:00 p.m. Eastern Time, Monday through Friday.

#### **What are the ingredients in ZIANA® Gel?**

**Active Ingredients:** clindamycin phosphate 1.2% and tretinoin 0.025%

**Inactive Ingredients:** purified water USP, glycerin USP, carbomer 981 NF, methylparaben NF, polysorbate 80 NF, edetate disodium USP, citric acid USP, propylparaben NF, butylated hydroxytoluene NF, and tromethamine USP.

Manufactured for:

Medicis, The Dermatology Company  
Scottsdale, AZ 85256

By: Contract Pharmaceuticals Limited Niagara  
Buffalo, NY 14213

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